

Sole Reflexions Reflexology
Bodywork General Release Form & Disclaimer

As a Client, I fully understand that Bodywork, health analysis techniques, and nutritional support are not a substitute for medical health care provided by a physician, or licensed health care practitioner. Bodywork, health analysis techniques, and nutritional support are not expected to cure, and cannot diagnose any condition. I also do not expect to be treated for any specific condition with Bodywork, health analysis techniques, and/ or nutritional support.

I realize that Bodywork promotes deep relaxation of the body, therefore reducing stress and tension throughout the body. It has been noted in physician's textbooks that stress alone can be attributed to 70% of all major illnesses. Relaxation through bodywork may help to benefit my overall health. Bodywork also improves circulation and nerve stimulation to help balance and normalize the body naturally.

I give my consent to a bodywork, health analysis techniques, and/ or nutritional support session by signing this form. If for any reason I want to discontinue the session at any time, the session will end. I will inform my physician that I am receiving bodywork upon my next visit. I understand that if I discontinue any prescribed or recommended advice or medication from a licensed health practitioner, that I will assume any negative outcome that may result from discontinued use of the prescribed therapy or medical treatment.

Signature _____

Print Name _____

Date _____